AZEVEDO WATER POLO ŠIPAN (DUBROVNIK) TRIP FAQs (FOR PARENTS AND ATHLETES)

What is the Sipan water polo experience?

Azevedo Water Polo has partnered with Olympian, Gold Medalist & JUG Dubrovnik star Nikša Dobud to create the ultimate water polo training experience for teams. Each clinic lasts seven days and features two days of games and scrimmages against powerhouse local youth teams, two days of intense clinics with top-notch local & international coaches, as well as two days of local travel to expose young athletes to a new culture and way of life.

What is included in the price?

- -pick up/drop off at the Dubrovnik airport
- -all local transportation
- -lodging at the Hotel Šipan
- -three hearty and healthy meals per day
- -the clinic components listed above

Who runs the program?

Croatian Olympian, Gold Medalist and JUG Dubrovnik start Nikša Dobud has developed this program based on his passion for water polo and teaching young athletes. Nikša grew up on Šipan and has lived and played in the Dubrovnik region his whole career. He has an incredible network of top teams and coaches in the area and abroad and is the ideal local host. He has partnered with former JUG teammate <u>Tony Azevedo</u> to help run and coach this comprehensive clinic.

What teams will the athletes train and compete against?

Šipan (local youth team), the Dubrovnik master's team, Belevue (A1 team from Dubrovnik), Cavtat & Gusar Mlini. The exact game/scrimmage schedule will depend on the clinic dates and which clubs are free to play.

Can individuals attend this clinic?

No, at the moment we are only accepting teams for our Croatia trips. We recommend that individuals check out our <u>popular high-level individual training trips in Kotor</u>, <u>Montenegro</u>, only 1.5 hours down the coast from Dubrovnik.

What kind of transportation is used?

Azevedo Water Polo partners exclusively with <u>Adriatic Travel, Inc.</u> to arrange all flight and local transportation. Agent Peter Hazdovac works directly with our teams to provide the most competitive prices for air travel and local ground travel once in Croatia.

What is the Island of Sipan like?

Šipan Island (17 km off the coast of Dubrovnik) is the largest and most ecologically diverse island of the Elaphite archipelago. Covered in olive and fig trees, vineyards and citrus groves, Sipan is famous for its wine and for its delightfully laid-back ambiance. Water polo courses are set up in the protected harbors, and the region's best youth teams flock to play and train here at various tournaments and events.

Other important info:

- Passports: Be sure to obtain or update your athlete's passport ahead of time, as this
 can definitely be a process (passports must be valid for at least six months after
 the date of the trip). Be sure to fill out the Emergency Contact information portion
 on page four. It is also a good idea for another family member to have a valid
 passport, just in case of an emergency...or in case you decide to take that last
 minute jaunt over to Croatia to meet up with the athletes!
- Travel Insurance: Please note that Azevedo Water Polo training trips do not include travel insurance. You are responsible for arranging this kind of coverage on your own.
- Healthcare: Be sure to check your current policy and coverage to make sure that
 your athlete will be adequately covered overseas. Also be sure that your athlete
 has all of his/her current vaccinations, tetanus shot and flu shot if desired.
- Prescriptions and Medications: Be sure to refill all necessary medications or prescriptions your athlete takes on a regular basis.
- **Cell Phones**: Check with your cellular carrier regarding International phone usage and packages. Another idea is to have your athlete purchase a cheap local phone and SIM card once he/she arrives (Nikša can help him/her with this).
- **Banking**: Be sure to alert your bank of your athlete's travel plans so that no bankcard is denied once overseas. We also recommend getting a credit card or ATM/Debit card in your athlete's name. Before leaving, ask your bank to exchange some US dollars for Euro --200 Euro should be plenty.
- Document copies: Please make a copy of the following: Passport, Medical Card & or Policy, Drivers License (if applicable) and Letter of permission to seek medical care in the event of an emergency. It's a good idea for your club to compile everyone's documents and keep them in an organized binder to send with the coaching staff.