



Organizer: Cassie Azevedo, European Coordinator, Azevedo Water Polo Italy

What It Is: High-level professional experience and cultural immersion; train/ scrimmage with local clubs (clubs in this region are considered to be some of the best in the world)

Fun Fact: Italy was the only country in the world to medal in both men's and women's water polo in the 2016 Olympic Games

Athlete/Coach Packages

9 nights /10 days

20 people (minimum of 18; if fewer, price may change)

Group flights available upon request (extra cost)

Package 1

Includes:

- Hotel
- 3 meals a day
- Transportation to/from practice (private bus)
- Transportation to/from airport (private bus)
- Pool
- Lifeguard
- Referee
- 2 trainings per day (only mornings Sat and Sun)
- Use of equipment- balls and caps

Price per athlete: \$1,500

Package 2

Includes:

- Hotel
- 3 meals a day
- Transportation to/from practice (private bus)
- Transportation to/from airport (private bus)
- Pool
- Lifeguard
- Referee
- 2 trainings per day (only mornings Sat and Sun)
- Use of equipment- balls and caps
- Florence Day Trip (via private bus/train)
- Santa Margherita/Portofino Day Trip (via private bus/train)

- Day Trip to San Fruttuoso (by boat)
- Cinque Terre Day Trip (via train)*
- Trip to Pisa/Monte Carlo/other cities can be added for additional fee

Price per athlete: \$1,700

*Flights arriving from Genova, all other airports will be an additional cost

*No games Saturday and Sunday; only morning training

*Cinque Terre cost is for inbound only, the AWP bus will pick up the team and take them to game in La Spezia

Sample Schedule

Sunday:

Arrival in Genova (20 min bus ride)- all other airports with be an additional fee
Arrive/check-in at hotel (either Camogli or Recco depending on availability)

Monday:

6:30 am: Fruit and yogurt at hotel

6:45 am: Bus pick up

7-9 am: Morning training in Camogli

9:15 am: Breakfast back at hotel

12:30 pm: Lunch (fresh Ligurian pasta with a protein and organic vegetables)

5:15 pm: Bus pick up

6-8 pm: Scrimmage vs. Bogliasco

8:30 pm: Dinner

Tuesday:

6:30 am: Fruit and yogurt at hotel

6:45 am: Bus pick up

7-9 am: Morning training in Camogli

10 am: Train to Cinque Terre (sack lunch included: sandwich, fruit and water)

4 pm: Bus pick up in Cinque Terre to game in La Spezia

8 pm: Dinner in La Spezia

Wednesday:

6:30 am: Fruit and yogurt at hotel

6:45 am: Bus pick up

7-9 am: Morning training in Camogli

9:15 am: Breakfast back at hotel

10:30 am: Watch and learn how to make Focaccia Formaggio

1:00 pm: Lunch

2:30 pm: Walk around Camogli

6:30 pm: Bus pick up

7:30 pm: Scrimmage vs. Lavagna

9 pm: Dinner at hotel

Thursday:

6:30 am: Fruit and yogurt at hotel
6:45 am: Bus pick up
7-9 am: Morning training in Camogli
9:15 am: Breakfast back at hotel
11 am: Hike to San Fruttuoso
1 pm: Eat lunch on the beach
7 pm: Bus pick up
8 pm: Game vs. Chiavari
9:30 pm: Dinner at hotel

Friday:

6:30 am: Fruit and yogurt at hotel
6:45 am: Bus pick up
7-9 am: Morning training in Camogli
9:15 am: Breakfast back at hotel
11 am: Day Trip to Portofino
5pm: Game vs Bogliasco
7 pm: Watch Pro Recco Game
8:30 pm: Dinner at hotel

Saturday:

7am: Breakfast at hotel
8 am: Bus pick up
11am: Arrival in Florence for Day Trip (Walk around Florence)
4 pm: Bus pick up
7:30 pm: Arrival at hotel
8pm: Dinner

Sunday:

Departure for airport